Nutrition of Lagomorphs and Rodent Species



#### Rabbits



- Belong to the order "Lagomorph"
- Non-ruminant herbivores; high forage diet

• Have specialized digestive tract similar to horse

Have a "circadian rhythm" in digestion

## Rabbit Digestive System

Sharp incisors allow for cutting any forage or woody plant

 Large upper and lower biting incisors and large diastema to accommod long forages

Incisors need constant work to maintain ideal size

Source: BBC News

## Rabbit Digestive System

- GI tract is very similar to horse up until the large intestine
- Large cecum contains bacteria to break down plant cell walls
- Nervous system keeps microbial activity normal during the day and rabbit makes normal fecal pellets

## Rabbit Digestive System

- Circadian Rhythm changes GI motility and cecotropes are formed
  - Fecal pellets with <u>high concentration of</u> <u>protein, low fiber</u>
  - Rabbits eat cecotropes directly from the anus and digest them in small intestine, allowing rabbit to "capture" amino acids
  - Allows rabbit to survive during seasons when
     and low-protein fibrous plants are available

## All Poop is not Created Equal

- Rabbits make both hard and soft feces
  - Soft Feces (cecotropes): contain higher levels of water, electrolytes and nitrogen. Covered by a soft mucous envelop
  - Hard Feces: contain higher levels of fiber
- Rabbits never eat hard feces or soft feces that have dropped to bottom of cage

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Coprophagy = consumption of feces
Cecotrophy = consumption of cecotropes
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## Problems in Rabbit Digestion

#### Gastric Stasis:

- Condition where gastric motility is slowed because of too much grain and too little fiber in diet
- Huge quantities of hair build up in GI tract causing Trichobezoars, which get stuck in the tract. Can cause death

What is the more commonly known term for Trichobezoars?

Hairballs!



#### What to Feed Rabbits

- Alfalfa-based pellet with hay supplement given daily
- Include fresh greens or veggies daily
  - Carrots, ripe bananas, rice cakes, dandelion leaves, dark leafy veggies, feed many colors
  - Beware fruit pits and seeds

Remove any uneaten parts – spoiled food causes Gl upset

#### What to Feed Rabbits

- Rabbits are nocturnal: feed hay in morning and pellets with grains in afternoon or evening.
- Water ad libitum
- Commercial feeds should be purchased and consumed within 90 days of production
- Pellets high in calcium or Vit D can cause kidney or bladder stones

Commercial mixes w/ seeds, dried fruit or colored cereals are junk food. Too high in sugars and CHO, can cause overgrowth of bad bacteria!

#### What to Feed Rabbits

- Hay is most important factor in die prime source of fiber
  - Fresh Timothy, Oat and Grass Hays
- Buy pellets from feed store or online. Avoid grocery & pet store chains – feed may be many months old

MOLDY

HAY!

Exercise for 3-5 hours daily outside of cage

## Rodents

- Guinea Pigs
- ✓ Gerbils
- Hamsters
- Rats and Mice
- Chinchillas
- Ferrets



## Guinea Pigs

- Large rodent, indigenous to Peru
- Notoriously fastidious eaters
- Merbivores with cecotrophic behavior
- "Cavies"



Source: Wikipedia

## What to Feed Guinea Pigs

Fresh guinea pig pellets (18-20% crude protein and 10-16% fiber)

Unlimited supply of quality grass hay

Fresh, clean water ad libitum

What Water Soluble Vitamin is Considered Essential in the Guinea Pig? Vitamin C

## Guinea Pigs and Grass Hay

- Very important feed ad libitum
- Timothy hay best less calcium and protein than alfalfa, which interfere with pellets
- Long fibers stimulate muscle contraction in intestines to maintain motility
- Chewing hay helps grind down molars which are constantly growing

## Guinea Pigs and Pellets

- Must use Guinea pig pellets
- Don't use "fiesta" mixes with seeds, nuts and dried fruit – pigs don't like high CHO or fatty foods
- Adults prone to obesity, so limit pellet intake



## Guinea Pigs and Vitamin C

- Vit C <u>MUST</u> be included in diet or scurvy develops
  - Optimal amount is 1 to 2 mg per 100 grams of body weight
- Commercial guinea pig pellets contain extra Vit C, but only good for ~90 days
- Can add Vit C to water, but it's light sensitive and loses 50% of potency in 24 hours. Cover the bottle with sock or foil

## Guinea Pigs and Vitamin C

Can supplement diet with veggies and fruits high in Vit. C

 Guava, orange and lemon peel; parsley, brussel sprouts, broccoli, collard, mustard greens and kale

Chewable Vit C tablets

## Gerbils

- Omnivore, desert dwelling rodent
- High metabolic requirements
- Eat ~10% of body weight every 24 hrs
- Diet mostly of grains, other CHO



Source: Wikipedia

## What to Feed Gerbils

 Pellets made from ground seeds and grass and vitamin fortified

- Remove sunflower seeds from mixes; fattening
- At least one piece of fresh veggie per day
- Can give a cricket or two a few times per

Use an elevated feeding bin to prevent fecal contamination

#### Gerbils and Water

 Desert animals, therefore very efficient kidneys. Rely primarily on plants fluids in

the wild

Give plenty of fresh water

Make sure container is clean!



Source: Desertcreatures.com

#### Gerbils and Treats



Sunflower seeds and pieces of fruit in small amounts

 Front teeth are constantly growing – give chew sticks or pieces of fruit tree branches or bark to wear teeth down

Avoid cherry, cedar and oleander – TOXIC!



## Hamsters

Source: Stumbleupon.com

#### Hamsters

Desert-dwellers



© Thepetwebsite.com

Eat 10% of body weight every 24 hours

Diet mostly of grains and other CHO and fresh water

Restrict amount of sweet or oily food

## Hamster Feeding Behavior

- Can carry up to ½ body weight in cheek pouches
- In the wild, may hide up to 60lbs of grain for winter
- Sometimes they urine-mark. Food can become moldy if they urine mark their stash
- Sometimes engage in coprophagia for more complete digestion

#### What to Feed Hamsters

- Require grains and lots of fresh fruits & greens (broccoli, peas in the pod, melons, etc.)
- Avoid iceberg lettuce and apples (too high in water and fiber)
- Try to avoid overfeeding: let hamster fill Rule of Thumb: feed only enough for the day and a little for the next morning; remove leftover fruit and veggies!

## Hamsters, Treats and Water

Sunflower seeds in small amounts

Pet store snacks are good

Fresh water in sipper bottles

Change water daily and run thru dishwasher weekly to kill bacteria

# Date and Mica Source: Wikipedia

# Rat & Mouse Feeding Behavior

- Eat ~10% of body weight daily
- Indiscriminate eaters so must give them a complete diet!
- Careful what you feed, as they will eat anything – even things not good for them (ex. May choke on peanut butter)

#### What to Feed Rats & Mice

- Basic diet of kibble or lab blocks, & add small amounts of leafy green veggies
- Commercial rat or mouse chow is available

Can feed cooked meat as a small treat
 (leave it on the bone – rats/mice use bone
 to

wear down teeth)

Buy only enough pellets to feed for 3 months at a time... nutritive value decreases in 3-5 months

## Rats, Mice Water and Treats

Fresh water daily and clean bottle

Sunflower seeds & small pieces of fruit and veggies are good snacks

 Chew sticks for continually growing incisors. Avoid cherry, cedar and oleander

## Chinchillas

• Herbivores



- Require high fiber, vitamin-rich diet
- Most crucial part of diet is unlimited access to grass hay (Timothy, Brome, Oat and Wheat Hay).
- Also need commercial chinchilla pellets

#### What to Feed Chinchillas

- <8 months: plain alfalfa pellets available always</p>
- Older chinchillas: feed 1-2 tblsns fresh commercial pellets per day; grass hay available always
- Use fresh pellets (not older than 3 months)
- Avoid pellet mixes with nuts and grains can cause obesity

#### What to Feed Chinchillas

• Dried fruit (apricots, pineapple, papaya) basil, broccoli leaves, carrots and carrot tops, green peppers, kale, raspberry leaves, squash, dandelion leaves – all in small amounts

Small amount of raisins help with constipation

## Chinchilla Feeding Behavior

- Chewing and gnawing are daily habits.
   Nocturnal, chew furniture, cords and plants
- Branches of maple, birch or bark from apple, peach and pear trees help
- Avoid cherry, oleander, cedar, plum or redwood – all are toxic
- Require a dust bath to keep fur clean

## Ferrets

- Strict carnivores
- Short digestive tract; food passes in 3-4 hours



Source: National Geographic News

- High protein requirements: meat protein only plant proteins not utilized by ferrets
- Poor digesters of fiber
- Dry diets are for teeth & are more energy efficient

#### Ferrets and Protein

- Diet must have 32-38% protein and minimum of 20% fat
- First ingredient on label should be meat
- Avoid soy or plant proteins
- Avoid fish and fish oil make ferrets smelly



## Ferret Feeding Behavior

- Feed ad libitum ferrets don't gorge
- High GI transit rate means ferret needs to eat frequently and obesity is rarely a problem
- High levels of corn fillers in bladder stones



#### Ferrets and Snacks

 Ferretone, a fatty acid supplement that makes coat shiny. Few drops per day.

- Small helpings of mashed or liquefied fruits, but avoid starchy foods like cereal
- Limit sweets can lead to diabetes
- Can give a little cooked chicken and cooked egg in small amounts

## Lifestage Feeding and Special Needs

 Shedding causes hairballs in spring and fall, so give Laxatone or Ferretlax

 After 4 years ferrets slow down & need less fat and protein. Feed Senior Ferret food (50% less fat and protein)

